BAYNOTES

Empowering Women since 1881 – Through Advocacy, Education, Philanthropy and Research Branch Website: greenbayarea-wi.aauw.net



MARCH BRANCH MEETING Monday, March 15th 6:30 pm via Zoom Join Zoom Meeting



https://us02web.zoom.us/j/84255415741?pwd=TTEwVUZkMFVmNFluL2ZONWdZSkdEUT09

CELEBRATE 100TH ANNIVERSARY OF THE 19TH AMENDMENT – WOMEN'S RIGHT TO VOTE

with Jessie Jack Hooper, a prominent leader in Oshkosh's women's clubs. Hear about her important work for women's suffrage in Wisconsin

A joint presentation of the Green Bay Branch of AAUW and the League of Women Voters

Meet "Jessie Jack Hooper". During 1911-12, Jessie Jack Hooper was deeply involved in Wisconsin's women's suffrage referendum campaign. This state referendum gave male voters the opportunity to give Wisconsin women the vote, but they did not. Thus, began the more than seven-year intensive effort by Jessie, as chief suffrage lobbyist in Madison, to push the state legislature to ratify the 19th Amendment. In June, 1919, Wisconsin became the first state to ratify the 19th Amendment. When Tennessee, the 39th state, ratified it in August 1920, the 19th Amendment became the law in the U.S.



*Helen Bannan, Associate Professor Emerita of History and Women's Studies at UW Oshkosh, began her research for a biography of Jessie Jack Hooper (1864-1935) in 2005. She took her first sabbatical after 30 years of teaching Women's Studies and Women's History in state universities in four different states. She got so wrapped up in research that she retired early

to continue it. Since 2008 Bannan has been portraying Hooper to groups throughout Wisconsin.







INTEREST/STUDY GROUPS

CATCH UP WITH COFFEE

Wednesday, March 3 9:00 am via zoom



https://us02web.zoom.us/j/84262707066?pwd= N1c4cmUvdzhqeXQ4YVhCdkhzZ0lkQT09

Give yourself an hour to relax with friends and talk about what is on their minds.

WHINE WITH WINE

Tuesday, March 9 6:30 pm via zoom https://us02web.zoom.us/j/82366570334?pwd= YjJRbHRXVEtrRGErRFVsM3pWNk5uUT09

Take an hour break with a glass of wine or not and enjoy a get-together with friends to talk about whatever.

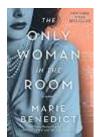


<u>ADELANTE! BOOK GROUP</u> Mary Barker & Sara Ramaker

Wednesday, March 17 6:30 pm Via Zoom

Book: <u>The Only Woman in the Room</u> by Marie Benedict

Her beauty almost certainly saved her from the rising Nazi party and led to marriage with an Austrian arms dealer. Underestimated in everything else, she overheard the Third



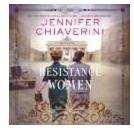
Reich's plans while at her husband's side understanding more than anyone would guess.



AFTERNOON BOOK GROUP

Wendy Schroeder

Monday, March 22 3:00pm via Zoom



https://us02web.zoom.us/j/86047012938?pwd= MUVqbDBIc2xGc21nUzIJVmE2NHVzQT09

Book: <u>Resistance Women</u> by Jennifer Chiaverini Leader: Marilyn Rabideau

Inspired by actual events, Resistance women is an enthralling, unforgettable story of ordinary people determined to resist the rise of evil, sacrificing their own lives and liberty to fight injustice and defend the oppressed.

ART STUDY GROUP

Carolyn Reedy & Mary Woodbridge

"Art enables us to find ourselves and lose ourselves at the same time" - Thomas Merton

Locally: Neville Museum

*The Art Colony exhibit ends on March 14 *Reviving Traditional Arts of the Oneida *NWTC Artisan and Business Center Milestone: March 21-May23 - The exhibit will include works in all mediums created by students and faculty.

Online: A Short Virtual Docent's Tour with Sandra Loman - Chazen Museum of Art, Madison WI

Although not currently offering tours in person, many docents are graciously conducting "virtual tours", showing us digitally some of their favorite works. Sandra Loman taught history courses at Madison Collee for over 30 years and used both art and architecture extensively in her curriculum. She's been a docent since 2004. We ask her a few questions about some favorites at thee Chazen.

https://chazen.wisc.edu/a-virtual-docents-tour-withsandra-loman/

WATER STUDY GROUP

Carol Pearson

Aldo Leopold Week 2021 March 12, 12-1pm, virtual

Join NEW Audubon and the Green Bay Conservation Partners for a community reading of essays from Aldo Leopold's "A Sand County Almanac" in honor of Aldo Leopold Week in Wisconsin! Just listen in or bring along your copy of the book to follow along.

Register here: <u>Bem-vindo! Você foi convidado para</u> ingressar em uma reunião: Aldo Leopold <u>Community Reading. Após a inscrição, você</u> receberá um e-mail de confirmação sobre como ingressar na reunião.

Welcome to the Six Classes: understand chemicals of concern and avoid their use.

Shared by Arlen Blum PhD

Many of the products we use every day contain chemicals of concern that may be harming our health. Many of these substances can be grouped into "Six Classes", each containing similar chemicals. The Six Classes approach allows us to better understand these chemicals, their functions, where they are used, and how they can be avoided. It can prevent a cycle of "regrettable substitution," whereby a phased out harmful chemical is replaced with a closely related chemical which may cause similar harm. <u>https://www.sixclasses.org/</u>

AAUW Board Meeting

Thursday, April 8 . 6:30 pm Via Zoom

The Board voted at our March Board Meeting to put an ad in The Press Times for our Dreamers & Doers book at the end of March for \$37.00

MEMBERSHIP

Nancy Anderson

Jill Lauritsen had surgery on her ankle – and it seems to be an adventurous recovery. From Jill: Mmm?? What have I done since my right ankle surgery? Traveled to the kitchen too much. Was starting on a long journey of crawling upstairs and then slide down on my butt for excitement! The scooter did me in with all my wildness and I ended with vertigo again. I was down and out (laying on the sofa) for more than three days. My world was spinning nonstop and I couldn't get off of the carnival rides. Meclizine helped-I took a prescription dose as I had in the past for the same thing 8 years ago. I didn't use the crutches too much as I was too unsteady.

I'm much better now with an occasional sloshing in my head and back to crawling up the stairs to sleep and shower. Bedside wipes just doesn't do it. Going at a much slower pace and can now watch TV again. Along with coloring in my new book with colored pencils, doing word search with cities from around the world (I can't wait to travel again), online games, and lots of talking on the phone. No online shopping yet!

My staples come out on the 4th and PT should start after that. My big excursions outdoors will soon start!

Thanks to all who have sent calls, dropped off food, or called. I really appreciate it.

Get Well Wishes to Neicy Thorson having surgery on her leg and also congratulations on her new grandchild and moving to Madison.

YOUR MEMBERSHIP STRENGTHENS AAUW'S VOICE!

It will soon be time to rejoin AAUW. Remember what your membership "buys". Knowing you belong to a national organization that keeps the promotion of education and equity for all women and girls, lifelong education and positive societal change as its main focus. What does that commitment look like: In the past: AAUW has always been a catalyst for change. More than a century ago when a Harvard professor claimed that higher education jeopardized women's health, AAUW supported research that the proved he was wrong. More recently, AAUW supported research showing boys and girls were treated differently in school and advocated and pushed for Title IX legislation to end such bias, opening many doors for girls and preventing harsh punishment for boys. AAUW published, Drawing the line: Sexual Harassment on Campus, a nationally acclaimed research. It started a discussion and pushed for changes on how sexual assault was handled in the schools. (Much more work needs to be done on this issue.) In 2020, AAUW published the report, Deeper in Debt: Women and Student Loans, showing that college debt falls more heavily on women. AAUW has, also, been a leader in working towards pay equity. Throughout its 100 years of activism, AAUW has continued to support higher education for women through scholarships and has awarded millions of dollars in fellowships and grants to numerous scholars and organizations in 50 states, Washington, D.C., Puerto Rico and Gaum and 150 countries. It now has the largest scholarship program for women. (Marie Curie received one of the first grants enough to purchase 1 gram of radium.) AAUW supports women plaintiffs fighting sexual discrimination in the higher education through the Legal Advocacy Fund. And So Much More...

Looking forward:

With over 170,000 members, AAUW continues to be a catalyst for change. It continues to seek Equal Pay for women through advocacy with policymakers and programs such as Work Smart and Start Smart: Salary Negotiations. It offers programs for women to hone leadership skills and continues research in key areas that affect women. It also continues to have the largest scholarship fund and LAF supporting women's education and workplace equality. We know this pandemic has hit women the hardest. It is feared this has been a huge setback for women in the workplace. There is so much more that needs to be done and AAUW is there to help. Isn't it wonderful to know that you, with your membership, are contributing to real change for women and girls?

CO-PRESIDENT'S MESSAGE

Sara Ramaker

Post COVID: Where Does our Branch Go Now?

February Branch Meeting: Lindsay Mather organized a great branch meeting in February, discussing various racial and police issues in Green Bay. Commander Keith Warych of the Green Bay Police Department "welcomed us into his house" to discuss what Green Bay police are doing to address racial issues in the city. I found it fascinating and refreshing. Commander Warych is everything I want in a police officer. He recognizes that the old police approaches have to change. Police have to depend on trust, not might and control. Green Bay Police have been working directly with people in the community – all communities - to try to create mutual respect. The effort paid off when they faced the anger after the death of George Floyd. It's these community connections that help to ensure the mostly peaceful demonstrations, allowing the community to show its outrage. But it was through questions that I learned a key fact -while people are crying, "defund the police" we need to get more social workers in situations involving mentally ill people and Green Bay has already added a full-time behavior health officer for such calls. They hope that the new budget will allow the hiring of 2 more, a priority of Mayor Genrich. The Commander was also a strong supporter of the Treatment Courts. He acknowledged the Department has need to continue to work to make the Police Department more reflective of the city's demographics. He also acknowledged that change can be hard for some members of the department. It made me particularly sad that Chief Smith is retiring. Let us hope they hire someone with the same focus on positive change.

Our other speaker Amaad Rivera-Wagner works as a part of Major Genrich's staff. He is a relative newcomer to Green Bay but not to working for improved city/community relations. He has advocated and helped to create the City's first Equal Rights Commission which is tasked to investigate and monitor efforts to end discrimination in the city government and the community. Amaad's enthusiasm with what he was doing and what he hopes to accomplish was evident. It is good to know that we have people that are actively working to end racism in our community. This is only a brief synopsis of the meeting, but hopefully gives some information to those members unable to participate.

One of my joys from 2020 is that all but a few members rejoined AAUW last May. At that time we had no idea what the year would look like. We faced so many unknowns. Yet, you were all committed to supporting AAUW and our branch. Thank You! The women of the U.S. thank you, too.

We started Zoom meetings, a virtual way to get together. Some of you embraced it. Some found your way to it. Some will have no part of it. All are right. Now, we are approaching a time we can get back together. Some of us will celebrate and come to meetings. Some will adjust and come to meetings. Some realized that they like watching meetings in the comfort of their home and may not come. This year has changed many things. Many not good, but some...Well, maybe we learned some new "tricks" that we like.

Without a doubt our world is different today. Businesses are rethinking the "office." Maybe we too need to rethink the "meeting." I do not have the answers, but as Co-President, I need to ask the questions. One year we lost two meetings to bad weather. One year we postponed several. We live in a world with snowstorms. Maybe Zoom is a way to cover snow storms? Maybe it also opens our meetings to more people. Personally, I do not think there is a simple "going back to normal." This is a great time to evaluate how we changed. We must access what we like about the "new normal" and what we want to change about the "old normal". What did you like about the pre-AAUW Green Bay Branch and what would you like to change now? Perhaps if AAUW-Green Bay Area is to survive, we must take the time to evaluate and change what is necessary.

Are members willing to spend a morning or afternoon to evaluate where we want to go in the future? Perhaps we could ask a consultant to help us focus on creating the organization we want. It would be a commitment. Please think about what you want for AAUW and what you are willing to commit to achieve it.

REGISTER NOW! STATE AAUW CONVENTION VIRTUAL

Please take advantage of the virtual AAUW-WI State Convention on April 23-24. It is free! There

is no travel! The programs look great! You can register on line right now. I would hope we can make sure some branch member goes to each meeting. They all



seem to have information we can use in planning for next year in May. To register, go to:

https://aauwwistateconvention.com You will see two buttons "Click Here to Register" and "Click here for Website Tour". I strongly suggest you take the short website tour. It explains a lot about how to register and the convention. It also gives the name and email of the wonderful LaCrosse Member who is the contact on any web issues. I tried to just register and I could not do it without the short tour video. It is pretty amazing that all these women from around the state have been giving freely of their time to put this convention together. I would bet that most of the speakers are not getting paid either. Why? They just want to support anything that improves the conditions of women and girls. Pretty wonderful.

GREATEST NEEDS FUND

Mary Schmidt

Attention Amazon Shoppers! AAUW is on AmazonSmile.

Since many of us are shopping online these days why not donate to AAUW at the same time. Amazon will donate .5% of your eligible purchases to AAUW. Everything that is available for sale on Amazon is also available on AmazonSmile for the same price. Once you have registered for AmazonSmile they will automatically donate .5% of your eligible purchases to AAUW.

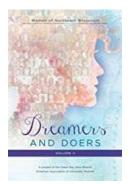
Here's how it works:

- 1. FIRST Go to <u>www.smile.amazon.com</u> and login with your existing Amazon account or create a new one using your preferred email address.
- 2. Once logged in, scroll down and type American Association of University Women Inc in the box to pick your own charitable organization and click "search".
- 3. Click "select" to choose American Association of University Women Inc
- 4. Check the box acknowledging that you must visit <u>www.smile.amazon.com</u> each time you shop for donations to be sent to AAUW. Click "Start Shopping". REMEMBER you have to choose American Association of University Women. There are several AAUW branches from around the country that are registered to receive donations. You must select American Association of University Women for your donation to go to the correct organization. It will NOT say AAUW even though we are now known as AAUW.
- Remember you must go to <u>www.smile.Amazon.com</u> and not Amazon.com for your donations to be made.



Celebrate Women's History

Month with a gift to someone of our Branch's Women of Northeast Wisconsin Dreamers and Doers vol. II. Go to our website greenbayarea-wi.aauw.net to order.



Discover the women, past and present, who have shaped and

influenced the framework and fabric or our area.

March is Women's History Month

Submitted by Bev Braun

Did you know:

*Initially, it was "Women's History Week started in 1978

*The week of March 8th was chosen because of International Women's Day

*In 1980, President Jimmy Carter was the first president to declare the week of March 8th as

National Women's History Week

*In 1987, it was officially dedicated to be the whole month of March.

COVID and YOGA (A positive change) Sara Ramaker

I wrote this letter to my wonderful yoga coach, Matthew Kimmeth. I wanted him to understand that "going back" to in-house classes would be impossible for me. I am including this article, because I want to reiterate that we are a new world post-COVID. All organizations, to survive and grow, have to accept and change to meet the needs of people today.

Before COVID, I would never have gone to "Power Yoga" on Saturday. At 69, I could not see myself fitting into such a class. I imagined it a class with young muscular, powerfully strong people. I would have been totally intimidated. In addition, before COVID, I would have had other family obligations or other excuses.... I would never have tried a class.

COVID made me "hungry" for yoga classes. Being housebound, yoga was a necessary escape. But I am not a morning person. I could have gone to the Saturday 8:00 o'clock yoga class which was a style I did all the time. But I was lazy (LOL). I did not want to commit to getting up early. So, I committed to the first Power Yoga class. I showed up and saw all the young strong faces. I thought, "Oh, what have I done?" But that is the magic of Matthew, my yoga instructor. He makes everyone feel they are in the right place. I found it really challenging, but in my own space, in my own way I did it. I held the long poses even if I could not stay in the balanced positions all the time. I kept up with the vigorous exercises. At the end I did it - maybe not the perfect way (though Matthew would say, "That is why we call it, "yoga practice.")

I did more than I thought someone my age could do. To paraphrase Mathew, I showed up...I did my best and that was good enough.

Without COVID, I would never have tried the class and now I would not miss it. Yet, I know when and if he returns to his building, I will not go. I just won't feel comfortable. I do not think there is anything he can do to change the way I feel. I do not know if I have an answer for this problem. All I know is that we have to take the lessons we have learned from COVID or we will lose the pluses we have learned.

